FIGHTER PROFILE

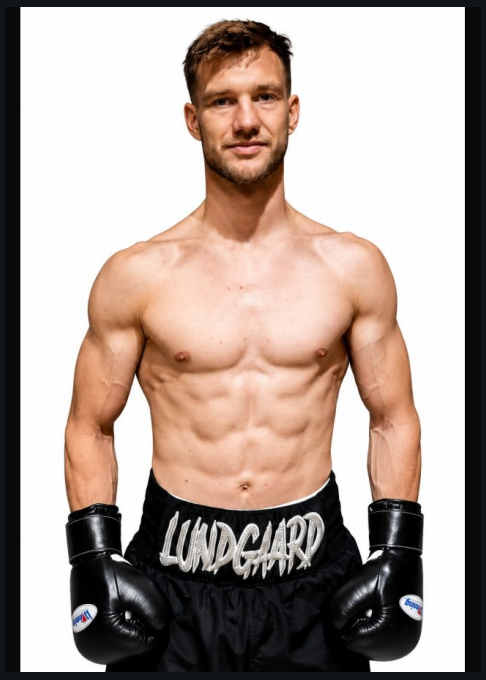
FREDERIK LUNDGAARD JENSEN

The same commitment, at work and in the ring.

3× 2013-2018

DENMARK'S BOXER OF THE YEAR

Danmarks Bokse-Union · award recipients ↗



Portrait approved by the Tunal team.

Nationality
Denmark

Born
17.11.1995 · Aalborg

Based in
Aalborg

Height
1.79 m

Stance
Southpaw

Professional since · declared
29.11.2024

Division
Super Featherweight

From
Hune

Coach
Brian Brix & Israel Garcia

Gym
Pandrup Bokseklub

TEAM-SUPPLIED RECORD

4 wins · 0 losses · 0 draws

2 KO · Record supplied by Tunal · 2026-11-02

Partner with Tunal Group →

contact@tunalacademyofficial.com

Full story and gallery · BoxRec

01 / TUNAL GROUP × FREDERIK LUNDGAARD JENSEN

Connections to pursue the major challenges.

The collaboration, through the fighter's eyes.

After contact from Barış, Frederik chose Tunal for its international network and access to the demanding fights he wants. He aims for major opportunities and ultimately a world title. His story connects craftsmanship, discipline, family responsibilities and ambition for a partner.

02 / THE STORY

Hune, carpentry and a passion for detail.

Born in Aalborg in 1995 and raised in Hune, Frederik moved from gymnastics to boxing at ten through his brother. A carpenter and father to Romeo, he values consistent work in both his trade and career. He enjoys the mental game, timing and finding solutions when fights become difficult.

03 / THE JOURNEY

An extensive amateur education, then the professional rounds.

A 1.79 m southpaw super-featherweight, professional since 29 November 2024. Record supplied on 2 November 2026: 4-0-0, 2 KOs; reported DPBF International title. Amateur: reported 215 wins and 70 losses, 13 Danish and eight Nordic titles, 2018 European Union bronze and 2023 Gee Bee gold at 57 kg. Denmark's boxer of the year in 2013, 2015 and 2018. Coaches: Brian Brix and Israel Garcia; Pandrup Bokseklub.

> HIS AMBITION
>
> Become a world champion, take on the biggest challenges and be remembered for his technical and tactical ability.

Profile based on the fighter's questionnaire, relayed by the Tunal team. Sporting information and achievements are athlete declarations unless an independent source is explicitly stated. Instagram ↗

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